



## Fun Activities!

## COUNT THE CUISINE

While waiting at your favorite restaurant, count how many times you see these food items listed on the menu. Or look around the room and count how many people are eating these things.

- |         |       |           |       |      |
|---------|-------|-----------|-------|------|
| FISH    | BEEF  | VEGETABLE | SALAD | MILK |
| CHICKEN | FRUIT | SOUP      | BREAD | RICE |

## FIND THE FOOD!

There's 12 healthy foods hidden in this puzzle. Can you find them all?

Y L A T W G E S Y Q B N P U U  
 G X N R G A N H B R P Y W C M  
 L D A J U O Y Q O P F Z X I L  
 K K N U T Y R C E G K S P J P  
 K Y A H K S C A F G E T U Q B  
 X C B U S O R Z G E M F W O T  
 B N L D L S G B H C T X T R Y  
 S P M I R D S R R O L L J X V  
 E C U T T E L N R A P P L E M  
 H G G U W E R R I F W V D T E  
 S O A O S M A E Z S Z C B L L  
 Q J N S B C G J R K I O V T O  
 L S Y E Q F M R Q X L A W E N  
 I P O S Y H S I F B O I R N W  
 Q R U I T G R Z D F N O M G S

- |        |         |          |
|--------|---------|----------|
| APPLE  | BANANNA | BROCCOLI |
| CARROT | EGG     | FISH     |
| HONEY  | LETTUCE | MELON    |
| MILK   | PEARS   | RAISINS  |



Hint 2: Monkeys love this fruit.

## HEALTHY PICS

Connect the dots to figure out what these healthy foods are.

Hint 1: This one's green, with "flowers" on its head.

